

Maggie Alphonsi MBE

Maggie Alphonsi represented her country an impressive 74 times, scoring 28 tries, and helping England win a record breaking seven consecutive Six Nations crowns. She was a crucial member of the team that won the 2014 Rugby World Cup for the first time in 20 years and was part of the team that was crowned the BBC's Sports Personality Team of the Year.

Since retiring from International Rugby in 2014 Maggie has become a media professional. She regularly commentates on live rugby matches for ITV, BT Sport, SKY Sports and the BBC, as well as featuring on a number of national media platforms, including outlets as diverse as the Sunday Times, Stella Magazine, the Sun and BBC's Children in Need (Gareth Malone's All Star Choir).

In 2015 she became the first ever former female player to commentate on men's international rugby when she was signed up by ITV for the Rugby World Cup, and is now part of ITV Sport's broadcast team for the RBS 6 Nations.

Maggie is an excellent speaker, and is well qualified to share her experiences. Certainly when she shares those experiences, you don't need to be a rugby fan to be interested or inspired by how she has become a prominent figure in the challenging world of a male dominated sport. Delivering to a wide variety of audiences, from corporate businesses, to sports events or going into schools to inspire the next generation, Maggie has a story you want to hear.

Maggie's speaking topics include:

- Leadership
- Understanding pressure
- The psychology of winning
- Transferring skills
- Pressure management
- Working in a male environment
- Mentoring and Coaching Performance mind-sets
- Pitch to Boardroom
- Overcoming Adversity
- Challenging perceptions

