Laura Bassett

With over 60 international caps under her belt, including a bronze medal from the hugely successful 2015 Football World Cup, professional footballer Laura Bassett is a key figure for England's Lionesses.

The 34-year-old's international career has seen Laura compete in two World Cups and three European Championships, including securing a silver medal in the 2009 Euros. Most recently Laura captained England against Portugal in the 2017 Euros in the Netherlands which England won 2-1. England went on to reach the semi-finals of that tournament before being knocked out by the hosts and eventual winners.

Domestically, Laura has been one of the FA's Women's Super League's most revered players. Last season, she led Notts County Ladies FC, but she has also played for Arsenal, Chelsea, Leeds and in 2012 helped Birmingham City win the FA Cup, and finish second in the WSL and in the Continental Cup. She also enjoyed similar success in 2009 with Arsenal winning the FA Cup and the Premier League.

Laura, who grew up in a football fanatical family, played for England Under 19s through to the Under 21s before making her senior England debut in 2003. She also became one of the first female players to be awarded a professional contract in 2009, and has since being centrally contracted by the FA. She is also a UEFA Level 3 Licence Coach.

Away from the pitch, Laura is an excellent speaker, and is well qualified to share her experiences. Whether it's talking about leadership as captain of her Super League team, or overcoming adversity when she had to mentally bounce back from scoring an own goal in the Football World Cup semi-finals, or being a prominent figure in the challenging world of a male dominated sport, she has a story you want to hear.

Laura's speaking topics include: leadership, understanding pressure, the psychology of winning, transferring skills, pressure management, working in a male environment and challenging perceptions.

"I have been working with Laura for over two years now. During that time, I have been lucky enough to witness numerous examples of her delivering brilliant talks, sessions and meetings to an array of different audiences (Inc. peers, coaches, budding talent & senior leaders)."
Adam Streeter, Lane4

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