JILL SCOTT MBE

Record breaking Lioness

& WEuro 2022 Winner **Live & Online Talks - Q&A Sessions**

Communication & Resilience

The Changing world of teams and leadership The Importance of Inclusion and Collaboration

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Talk Headlines

Communication & Resilience

The Changing world of teams and leadership

The Importance of Inclusion and Collaboration

Changing perspectives and outlooks of our young people (Gen Z/Gen Y) the future challenges of leading them. Inclusion & diversity - the importance of diversity in high performing teams and how that diversity is harnessed. Psychological safety, harnessing the diversity of everyone's thoughts, input age & experience.

Based on her experiences from the world of Elite Performance, Jill has harnessed the lessons and techniques she has learnt throughout her highly successful career to provide an informative and thought provoking talk which is totally transferable back into life and the workplace.

The Talk covers:

- How to keep a positive mindset
 Judge on performance Not the end result Stick to the process
- Setting goals
 Find out why Jill doesn't set long term goals but focuses on everyday ones
- Being the best you can be
 Influences No shortcuts Mental battles Drivers
- Staying determined and resilient
 Having no regrets Not letting myself down
 Make them NEED you even if they don't WANT you
 Resilience don't get too high or too low
 What's the worst that's going to happen
- Keeping a positive mindset
 What does a positive mindset look like? What affects that?
 Strategies for coping in turbulent times

When passion meets inspiration, an obsession is born







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Q&A Sessions

Q&A SESSIONS

Jill is also to available for online Q&A Sessions, which can be built into to her existing Keynote presentation or run as a stand alone event.

These can also be facilitated in an interview style hosted by a well known sporting anchor or celebrity to add more value to the event.





